

# Communion News

11<sup>th</sup> March 2025

## This Week

This week, we are on to the chapter 'Bread to Offer'. We have moved on from learning about the first part of the Mass, 'The liturgy of the Word', to the second part: 'Liturgy of the Eucharist'.

In this chapter we are thinking about how, when we gather to celebrate Mass, we are remembering Jesus celebrating the last supper. We talked about the part of the Mass where the altar table is prepared for the special meal; and how helpers offer the priest our gifts of bread and wine (offertory).

Those gifts show our thankfulness for all the gifts of the earth that God has given us. Please encourage your child to look out for this part of the Mass and help them to follow the Eucharist Prayer.

During our session, we have acted out the story of the feeding of the 5,000 and thought about how God has given us two kinds of food:

He gives us food for our bodies to keep us strong and healthy, and he has given us food for our hearts to help us to go out each day and share God's love with all we meet.

**Please complete pages 68-**

**78**

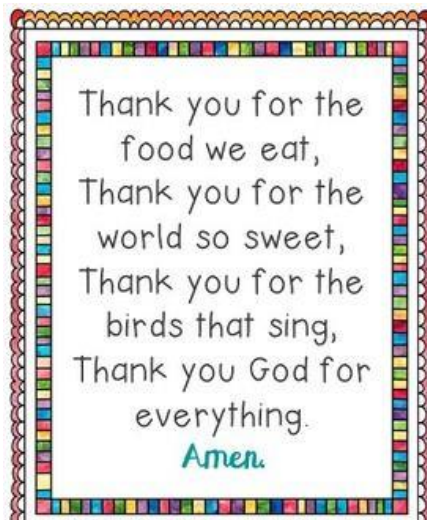


## Prayer

We often forget to thank Jesus for our food. As a family, you might consider saying a prayer together before you eat, particularly at celebratory times.

Giving thanks for food also reminds us of those who are hungry and have much less than we do.

Perhaps you could use the prayer below or write your own with your children.



## OTHER NEWS

The next Parents' Meeting will be on  
**Tuesday 22<sup>nd</sup> April 2025**  
**in the hall.**

At this meeting, you will be able to sign up for your **preferred** Holy Communion date and time. Please do not arrive before 7.30pm and stand outside as the doors will only be opened at 7.45pm.

**Activity morning for all the Holy Communion children on Saturday 26<sup>th</sup> April 10am – 12pm.**

**The following day, Sunday 27<sup>th</sup> April, there will be a Family Mass at 11.30am.**

**The children must attend this mass.**

Please remember that the communion classes and the activity mornings are an important part of the children's communion journey. Please ensure you let us know if your child is going to be absent.

**Contact details:**  
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